

Neue. 1630.

A new Almanacke and Prog-
nostication, with the Forraigne
Computation, seruing for the
yeere of our Lord and Sauour
Iesus Christ, 1630.

Being the second after the Bissex-
tile or Leape yeere.

Rectified for the Elevation of
the Pole Arctike, and Me-
ridian of the ancient and
famous Cittie of
Norwich:

And may serue generally for
the most parts of great
Britaine.

Practised, penned, and published,
by John Neue, Gent.

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ephemerides k

The Contents of this double Kalender, for the yeere of
our Lord God 1630, which is the 2. yeere after the Bis-
sextile or Leape yeere, according to the account
& Computation of the Church of England.

The Prime or Golden number		16
The Epact		15
The Dominicall letter		26
The Roman Indiction		13
The space betweene Christmas, and Shrove-sunday		
is 6. weekes and 2. dayes.		
Shrove-sunday	February,	7
Easter day	March,	28
Ascension day	May,	6
Whitsunday	May,	16
Advent-sunday	November,	28
Betweene Trinity and Advent are Sundayes		26
Betweene Easter & Ascension, are 5. weekes & 3. dayes.		
Betweene Whitsunday & Midsummer, is 5. weekes		
and 3. dayes.		
Betweene Midsum. & Barthol. is 8. weekes & 4. dayes.		
Between Barthol. & All saints, is 9. weeks & 3. dayes.		

The Forraine Computation.

The Prime or Golden number		16
The Circle of the Sunne		15
The Epact		16
The Dominicall letter		26
The Romane Indiction		13
Shrove-sunday	February,	10
Easter day	March,	31
Ascension day	May,	9
Whitsunday	May,	19
Advent Sunday	December,	1
The space betweene Christmas and Shrove-sunday		
is 6. weekes and 5. dayes.		

A brieft and neceſſarie Computation of yeeres.

From the Creation of the world vntill this yeare of our Lord God, 1630.	5600
From the Creation vntill the Flood,	1656
From the Flood to Chriſt,	2336
Since the promiſe made to Abraham	3576
Since the Iſraelites departed out of Egypt,	3145
From Moſes to Chriſt,	1514
Since the deſtruction of Troy,	2812
Since Brute entred this Iland,	2737
Since the building of the Temple of Salomon,	2666
Since the building of the Citie of Rome,	2380
Since Nabuchadnezer the King,	2378
Since Alexander the Great dyed,	1954
Since Iulius Ceſar ſlaine with bodkins,	1679
Since the happie Birth of our Sauour Chriſt,	1630
Since Ieruſalem was deſtroyed by Titus Veſpaſian,	1557
Since England receited the Chriſtian Faith,	1450
Since the Danes entred England,	612
Since the Conqueſt of England by the Normans,	563
Since the Science of Printing was inuented,	170
Since King Henry the VIII. wonne Bolloigne,	86
Since Kettes Rebellion at Norwich.	80
Since the infectious ſweating ſickenes,	73
Since St. Pauls ſteeple ſtruck by lightning,	69
Since the great Plague at Newhauen,	67
Since the Earles Rebellion in the North,	61
Since the blaſing ſtarre and froſty Winter,	58
Since the fire apparition in the heauen,	56
Since the deepe ſnow,	50
Since the generall earth-quake in England,	49
Since the Campe at Tilbury in Eſſex.	41
Since the laſt earth-quake in England,	28
Since the Gun-powder Treason,	25
Our Kings Maieſties Raigne, whome the King of heauen graunt long and prosperouſly to Raigne ouer vs, Amen.	61

The Anatomy of Mans body, as the parts
thereof are governed by the 12.
celestiall Signes.

♈ Aries, Head and face.

♉ Taurus.
Necke and
throat.

♊ Gemini.
Brest, Sto-
macke ribs.

♋ Cancer.
Boweis and
belly.

♌ Leo.
Secret me-
bers.

♍ Virgo.
The knees.



♎ Gemini,
Armes and
Shoulders.

♏ Leo.
Heart and
backe.

♐ Libra.
Kettes and
loynes.

♑ Sagitar.
the Thighs.

♒ Aquar.
The Legs.

♓ Pisces, The Feet.

The Characters of the Signes, Planets,
and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo,
♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitarius, ♑ Capri-
cornus, ♒ Aquarius, ♓ Pisces. ♄ Saturne, ♃ Iupiter,
♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna. ♂ Con-
iunction, * Sextile, □ Quadrate, △ Trine, ♀ Op-
position.

Now if your body in health will keepe,
 Warne meates for it is very meete:
 Fly Physicke, Sloth, and Venery:
 Auoid all baths moſt carefully.

1	a	New rec.d	Sagitt.	29	11	d	● New moone
2	b	Oct. Strep.	Capric	12	12	e	the 3. day, 31.
3	c	Oct. Jehn	Capric	23	13	f	min. after 10. of
4	d	Oct. Innoc.	Aquar.	5	14	g	the clocke in the
5	e	Edward de.	Aquar.	17	15	a	forenoone.
6	f	meate da	Aquar.	29	16	b	
7	g	Felix & Ta.	Pisces	11	17	c	
8	a	Luctan prie	Pisces	23	18	d	● First quarter
9	b	Agapite vir	Aries	5	19	e	the 11. day, 54.
10	c	1. su. afr. ept.	Aries	17	20	f	min. after 2. of
11	d	John aquar.	Tauru	0	21	g	the clocke in the
12	e	Archad. ma	Tauru	12	22	a	afternoon.
13	f	Eded com in	Tauru	25	23	b	
14	g	Felicia prie	Gemin	9	24	c	
15	a	Maurice	Gemin	23	25	d	● Denier. of Paul
16	b	Marcellus	Cancer	7	26	e	
17	c	2. su. af ept.	Cancer	21	27	f	● Full meone
18	d	Piscia virg	Leo	6	28	g	the 18. day 27.
19	e	Mollian bt.	Leo	21	29	a	min. after 3. of
20	f	Fabian & S	Virgo	6	30	b	the clocke in the
21	g	Agnes virg.	Virgo	21	31	c	afternoon.
22	a	Vincent ma	Libra	6	1	d	● Denier. of Paul
23	b	John reg	Libra	20	2	e	
24	c	Septuages.	Scorp	4	3	f	
25	d	Eded go out	Scorp	18	4	g	● Last quarter
26	e	Pollicarpe b	Sagitt.	1	5	a	the 25. day, 58.
27	f	Julian	Sagitt.	14	6	b	after 6. of the
28	g	Valerius	Sagitt.	27	7	c	clock in the mor
29	a	Theodore p.	Capric	9	8	d	ning.
30	b	Battild que.	Capric	21	9	e	
31	c	Sexagesima.	Aquar.	3	10	f	

February hath xxviii. dayes.

This moneth as yet no Phisicke vse,
For feare that you your selfe abuse:
Bleed not, nor bathe, be rulde by me,
Except vpon necessitie.

1	d	Widget	Aquar.	15	11	g	
2	e	Puri. of W.	Aquar.	26	12	a	● New moone
3	f	Blase bish.	Pisces	8	13	b	the 2. day, at 5.
4	g	Gilbert con.	Pisces	20	14	c	of the clocke in
5	a	Agatha virg	Aries	1	15	d	the morning.
6	b	Anacrus bi.	Aries	13	16	e	
7	c	Whouesun	Aries	25	17	f	
8	d	Scolastica	Taurus	8	18	g	● First quarter
9	e	Solin Pisces	Tauru	21	19	a	the 10. day, 12.
10	f	Whednesd	Gemini	4	20	b	min. after 6. of
11	g	Eufragius	Gemini	17	21	c	the clocke in the
12	a	Germeenos	Cancer	1	22	d	morning.
13	b	Molfian bi.	Cancer	15	23	e	
14	c	Quadragesi.	Leo	0	24	f	● Mathias,
15	d	Faulstine	Leo	15	25	g	
16	e	Julian vir.	Leo	29	26	a	
17	f	Ember wee	Virgo	15	27	b	
18	g	Simcon	Virgo	29	28	c	
19	a	Sabine	Libra	14	1	d	March.
20	b	Mildred bi.	Libra	29	2	e	● Full moone
21	c	2. su. in lent	Scorp.	13	3	f	the 17. day, 10.
22	d	Cath. Peter	Scorp.	27	4	g	min. after 1. of
23	e	Pollicar. ra.	Sagit.	10	5	a	the clocke in the
24	f	Math. Apo.	Sagit.	23	6	b	morning.
25	g	Paul. of Pa.	Capric.	5	7	c	● Last quarter
26	a	Hector mar	Capric	18	8	d	the 23. day 29. mi.
27	b	Augustin b.	Aquar	6	9	e	after 8 of the clo.
28	c	3. su. in lent	Aquar	12	10	f	at night.

March hath xxxi. dayes.

Now Merch begins the Springing time,
The Sunne hath got the equall line :
Vse Phisickes Art , and all thy skill,
To helpe diseases that be ill.

1	d	David bish.	Aquar	24	11	g
2	e	Chad bisho.	Pisces	6	12	a
3	f	Maurice	Pisces	17	13	b
4	g	Bozian	Aries	0	14	c
5	a	For. Cuse	Aries	11	15	d
6	b	Perpetua	Aries	22	16	e
7	c	4 sun. in len	Taur	5	17	f
8	d	Felix mart.	Taur	17	18	g
9	e	40. martyrs	Gemini	0	19	a
10	f	Agapite bir	Gemini	13	20	b
11	g	Solin Aries	Gemini	26	21	c
12	a	Gregory bi.	Cancer	10	22	d
13	b	Theodore	Cancer	24	23	e
14	c	5. sun. in len	Leo	9	24	f
15	d	Longine ma	Leo	23	25	g
16	e	Bonifate bi	Virgo	8	26	a
17	f	Gertrude b	Virgo	23	27	b
18	g	Edward k.	Libra	8	28	c
19	a	Jos. M. hus	Libra	23	29	d
20	b	Euthbere	Scorp.	7	30	e
21	c	Palme land	Scorp.	21	31	f
22	d	Bohrodolus	Sagit	5	1	g
23	e	Theodore b	Sagit	18	2	a
24	f	Agapite. a.	Capric	1	3	b
25	g	Sun. or Ma.	Capric	14	4	c
26	a	Callos mar.	Capric	26	5	d
27	b	Michael. Chas.	Aquar.	9	6	e
28	c	Easter day,	Aquar.	21	7	f
29	d	Quintin	Pisces	3	8	g
30	e	Quirine	Pisces	14	9	a
31	f	Adelme	Pisces	26	10	b

● New moone.
the 3. day , 43.
min. after 11. of
the clock at night

☾ First quarter
the 11. day, at 7.
of the clocks at
night.

Palme Sunday.
Annunc. of Mar.

● Full moone
the 18. day, at 10.
of the clocke in
the forenoone.

April.

☾ Last quarter
the 25. day , at
moone.

Aprill hath xxx. dayes.

This Aprill with his stormy showres,
Doth make the earth yeeld pleasant flowres :
Purge well therefore : for it is good,
To helpe thy body, and cleanse thy blood.

1	g	Gildard .	Aries	8	11	c	
2	a	Wary Egi.	Aries	10	12	d	● New moone
3	b	Richard bi.	Taurus	2	13	e	the 2. day, 36. mi.
4	c	Ambrosse	Taurus	14	14	f	after 3. of the clo.
5	d	Med. com in	Taurus	16	15	g	in the afternoone.
6	e	Sextus bish	Gemini	-9	16	a	
7	f	Euphemia	Gemini	22	17	b	
8	g	Egippus	Cancer	6	18	c	● First quarter
9	a	Perpetuus	Cancer	20	19	d	the 10. day, 33. m.
10	b	7. virgins	Leo	4	20	e	after 3. of the clo.
11	c	Sol in Taurus	Leo	18	21	f	in the morning.
12	d	Jasius bish.	Virgo	3	22	g	
13	e	Senon bish.	Virgo	18	23	a	
14	f	Terme beg.	Libra	2	24	b	
15	g	Leonard	Libra	17	25	c	● Full moone
16	a	Adoze bish	Scorp	1	26	d	16. day, at 7. of
17	b	Cosmic	Scorp	15	27	e	the clocke in the
18	c	Valerian	Scorp	29	28	f	afternoone.
19	d	Alphage	Sagit	13	29	g	
20	e	Victor bish.	Sagit	26	30	a	
21	f	Simeon bi.	Capric	9	1	b	May.
22	g	Sother vir.	Capric	21	2	c	
23	a	St. George	Aquar	4	3	d	● Last quarter
24	b	Wilfrid	Aquar	17	4	e	the 14. day, 28.
25	c	Wicke Cu.	Aquar	29	5	f	min. after 4. of
26	d	Elete bishop	Pisces	11	6	g	the clocke in the
27	e	Clement bi.	Pisces	23	7	a	afternoone.
28	f	Vitalis m.	Aries	5	8	b	
29	g	Peter of mi	Aries	17	9	c	Ascension day.
30	a	Erkenwald	Aries	29	10	d	

May hath xxxi. dayes

Now gallant May in his array,
Doth make the fields pleasant and gay:
Walke early now for thy healths sake,
And still thou maist some Phisicke take.

1	b	Pht. & Jac.	Taurus	11	11	e	
2	c	Rogatio. lu.	Taurus	24	12	f	● New moone
3	d	Wedgoe gut	Gemini	6	13	g	the 2. day, 45. mi.
4	e	Inuen. cross	Gemini	19	14	a	after 5. of the clo.
5	f	Flozian	Cancer	3	15	b	in the morning.
6	g	Alcenauon d.	Cancer	16	16	c	☾ First quarter
7	a	John Weue.	Leo	0	17	d	the 9. day 38. min.
8	b	App. Mich.	Leo	14	18	e	after 9. of the clo.
9	c	Theophile	Leo	29	19	f	☾ Sunday,
10	d	Cerne end.	Virgo	13	20	g	in the forenoone.
11	e	Thellie	Virgo	28	21	a	
12	f	Sol in Gemi.	Libra	12	22	b	● Full moone
13	g	Boniface	Libra	27	23	c	the 16. day, 42.
14	a	Adoze bish.	Scorp	11	24	d	min. after 4. of the
15	b	Cran. of W.	Scorp	24	25	e	clocke in the mor-
16	c	Whitunda	Sagit	8	26	f	ning.
17	d	Dioscor. ma	Sagit	21	27	g	☾ Last quarter
18	e	Dunston co.	Capri.	4	28	a	the 23. day, at 10.
19	f	Emery mae	Capri.	17	29	b	of the clocke at
20	g	Helen queen	Capri.	29	30	c	night.
21	a	Julian bir.	Aquar.	12	31	d	
22	b	Cran. of f.	Aquar	24	1	e	June.
23	c	Cruc. lu.	Pisces	6	2	f	
24	d	Wed com in	Pisces	18	3	g	
25	e	Augu. of en.	Aries	1	4	a	
26	f	Wede priest	Aries	13	5	b	● New moone
27	g	German bi.	Aries	25	6	c	the 31. day, 30.
28	a	Cerne beg.	Taur	7	7	d	min. after 5. of the
29	b	Nichomedz	Taur	20	8	e	clocke in the after
30	c	Petronil bi.	Gemini	3	9	f	noone.
31	d	Nereius	Gemini	16	10	g	

Iune hath xxx. dayes.

This moneth of Iune vse clarified whay,
Boylde with coole hearbs, drinke alway:
From violent exercise now abstaine,
Except thou wilt in trouble remaine.

1	e	Pichomedes	Gemin	29	11	a	
2	f	Parcellus	Cancer	13	12	b	
3	g	Erasmus	Cancer	26	13	c	☾ First quarter
4	a	Petrocius	Leo	11	14	d	the 7. day, 12. mi.
5	b	Bonifacius	Leo	25	15	e	after 1. of the clo.
6	c	1. sun. af. tri	Virgo	9	16	f	in the after noon.
7	d	Molton	Virgo	24	17	g	
8	e	Med. & Cell	Libra	8	18	a	
9	f	Juan confes	Libra	23	19	b	● Full moone
10	g	Julian conf.	Scozyp	7	20	c	the 14. day, 49.
11	a	Barnaby	Scozyp	21	21	d	min. after 13. of
12	b	Solm Canc	Sagit	4	22	e	the clocke in the
13	c	3. sun. af. tri.	Sagit	17	23	f	after noone.
14	d	Basill bish.	Cap.	6	24	g	☾ 30. day wapt.
15	e	Vite modest	Capri	13	25	a	
16	f	Cetine end.	Capric	25	26	b	☾ Last quarter
17	g	Botolph	Aquari	7	27	c	the 22. day, 18.
18	a	Eruperius	Aquari	20	28	d	mi. after 3. of the
19	b	Geruasius	Pisces	1	29	e	clocke in the af-
20	c	Trans. of C	Pisces	14	30	f	ternoone.
21	d	Alalburg	Pisces	25	1	g	July.
22	e	Alban mar.	Aries	8	2	a	
23	f	Budy rai.	Aries	20	3	b	
24	g	Joyn Bay.	Taurus	3	4	c	● New moons
25	a	Tras. of Cl.	Tauru	15	5	d	the 30. day, 9.
26	b	Joh. & Paul	Tauru	28	6	e	min. after 3. of
27	c	5. sun. af. tri	Gemin	11	7	f	the clocke in the
28	d	Leo bi. iau.	Gemin	24	8	g	morning.
29	e	Peter & po.	Cancer	8	9	a	
30	f	Conf. of Pa.	Cancer	22	10	b	

Iuly hath xxxi. dayes.

Now in Iuly Dog dayes begin,

The Rime is are best to bathe in:

To take hot drinckes be not too bold.

But vse hearbes which be moist and cold.

1	a	Oct. of Jos	Leo	6	11	e	
2	a	Wist. of M	Leo	21	12	d	
3	b	Tra. of Ch.	Virgo	5	13	e	First quarter
4	d	6. sun. af. tri	Virgo	20	14	f	the 6. day, 15. min.
5	d	For virgin	Libra	5	15	g	after 7. of the clo.
6	e	Oct. St. P.	Libra	20	16	a	at night.
7	f	Martialis	Scorp	3	17	b	
8	g	Chillan	Scorp	17	18	c	
9	a	Citill bish.	Sagit	1	19	d	Full moone
10	b	7. brethren	Sagit	14	20	e	the 14. day, 34
11	d	7. sun. af. tri.	Sagit	27	21	f	min. after 4. of
12	d	Ab. & Fel.	Capric	10	22	g	the clocke in the
13	e	Solin co	Capric	22	23	a	morning.
14	f	Christopher	Aquar	4	24	b	
15	g	Tran. Supr	Aquar.	16	25	c	James Spott.
16	a	Taa. Olmo.	Aquar.	28	26	d	
17	b	Kenelme R.	Pisces	10	27	e	Last quarter
18	d	8. sun. af. tri.	Pisces	22	28	f	the 22. day, 21.
19	d	Dog d. beg.	Aries	4	29	g	min. after 7. of the
20	e	Prinatius	Aries	15	30	a	clocke in the mo=
21	f	Draxe virg	Aries	28	31	b	ning.
22	g	Mary Ma.	Tauru	10	1	c	August.
23	a	Appoline b.	Tauru	23	2	d	
24	b	Christi. sau	Gemini	6	3	e	
25	c	James Ap.	Gemin	19	4	f	Peto moone
26	d	In. mo. Ma	Cancer	3	5	g	the 29. day, 25.
27	e	7. Serpers	Cancer	16	6	a	m after 11. of the
28	f	Samplon	Leo	1	7	b	clocke in the fore=
29	g	Felix: his f	Leo	15	8	c	noone.
30	a	Edd. & Seb.	Virgo	0	9	d	
31	b	Germane b.	Virgo	15	10	e	

August hath xxxi. dayes.

This moneth of August take good heed :

For now will many surfets breed :

Let little sleepe thee now content ,

If that diseases thou'lt preuent.

1	C	10. su. af. tri.	Libra	0	11	A	
2	d	Steuen bish	Libra	14	12	G	☾ first quarter
3	e	Inuen. Ste	Libra	19	13	a	the 5. day, at 2. of
4	f	Iustin prie.	Scorp	13	14	b	the clocke in the
5	g	Festum St.	Scorp	27	15	c	mornig.
6	a	Transfigu.	Sagit	11	16	d	
7	b	Cir. & his fe	Sagit	24	17	e	
8	c	11. su. af. tri.	Capric	7	18	A	☉ full moone
9	d	Tiburt. ma.	Capric	19	19	g	the 12. day, 7. mi.
10	e	Laurence m.	Aquar.	11	20	a	after 7. of the clo.
11	f	Tiburt ma.	Aquar.	13	21	b	at night.
12	g	Clare virg.	Aquar.	25	22	c	
13	a	Solin Vargo	Pisces	7	23	d	
14	b	Eusebius	Pisces	19	24	e	Barthol. Apo.
15	C	12. su. af. tri.	Bries	0	25	A	
16	d	Roch mart.	Bries	12	26	G	☾ last quarter
17	e	Ota. Law.	Bries	24	27	a	he 20. day, 8. mi.
18	f	Agapice ma	Taur	6	28	b	after 10. of the
19	g	Magnus m.	Taur.	18	29	c	clocke at night,
20	a	Lewis bisho	Gemini	1	30	d	
21	b	Barnard	Gemini	14	31	e	
22	C	13. su. af. tri.	Gemini	27	1	A	September.
23	d	Timoth. &	Cancer	11	2	g	
24	e	Warr. Apo	Cancer	25	3	a	☉ New moone
25	f	Letos King	Leo	9	4	b	the 27. day, 4. min.
26	g	Dogda. beg.	Leo	24	5	c	after 7. of the clo.
27	a	Rusimart	Virgo	8	6	d	at night.
28	b	August bish	Virgo	23	7	e	
29	c	4. su. aft. tr.	Libra	8	8		
30	d	Deval of Jo	Libra	23	9	g	
31	e	Tutbur vir	Scorp	8	10	a	

September hath xxx. dayes.

Now maist thou Phisicke safely take,
And bleed and bathe for thy healths sake:
Eate Figges and Grapes, and spicery,
For to refresh thy members dry.

1	f	Giles abbot	Scorpi	22	11	b	
2	g	Anthony m.	Sagitar	6	12	c	
3	a	Gregory	Sagit.	20	13	d	☾ First quarter
4	b	Tran. Cut.	Capric	3	14	e	the 3. day, 31. min.
5	c	15. su. aft. tri	Capric	16	15	f	after 11. of the clo.
6	d	Eugenius	Capric	29	16	g	in the forenoone.
7	e	Elizabeth	Aquari	11	17	a	
8	f	Nat. of Ma	Aquar.	23	18	b	
9	g	Gorgonius	Pisces	5	19	c	
10	a	Siluius bi.	Pisces	16	20	d	
11	b	Martian	Pisces	28	21	e	☾ Mathew 3 ^o
12	c	16. su. aft. tr.	Aries	10	22	f	
13	d	sol in Libra.	Aries	22	23	g	● Full moone
14	e	Holy Crosse	Tauru	3	24	a	the 11. day, at 11.
15	f	Ember wea.	Taurus	15	25	b	of the clock in the
16	g	Lambert	Tauru	27	26	c	forenoone.
17	a	Vitor & Co	Gemini	10	27	d	☾ Last quarter
18	b	Janu. mar.	Gemini	22	28	e	the 19. day, at 11.
19	c	17. su. aft. tr	Cancer	6	29	f	of the clock in the
20	d	Eustaceian	Cancer	19	30	g	forenoon.
21	e	Mathew 3 ^o	Leo	3	1	a	October.
22	f	Mauricius	Leo	17	2	b	
23	g	Tecla virg.	Virgo	2	3	c	
24	a	Andoch mar	Virgo	17	4	d	
25	b	Firmin mar	Libra	2	5	e	● New moone
26	c	18. su. aft. tr	Libra	17	6	f	the 26. day, 8. min.
27	d	Cosine & D.	Scorpy	2	7	g	after 3. of the clo.
28	e	Exuper bish	Scorpy	16	8	a	in the morning.
29	f	Wich. Arch.	Sagit.	1	9	b	
30	g	Hierome pri	Sagitt.	15	10	c	

October hath xxii. dayes.

This moneth hot drinckes and meates be good;
To keepe thy health and nourish thy blood:
Prouide warme cloathes and geedry,
Thou shalt escape much danger thereby.

1	a	Remigius	Sagit	28	11	d
2	b	Leedagar bi	Capric	12	12	e
3	c	19. su. aft. tri	Capric	25	13	f
4	d	Francis	Squari	7	14	g
5	e	Apollinaris	Squari	19	15	a
6	f	Faith virg.	Pisces	2	16	b
7	g	Marc. & ma	Pisces	14	17	c
8	a	Delagius bi	Pisces	25	18	d
9	b	Cernissey	Aries	7	19	e
10	c	20. su. aft. tri	Aries	19	20	f
11	d	Picassus bi	Taurus	1	21	g
12	e	Wilfrid vir.	Taur	12	22	a
13	f	Trenf. of C	Taur	24	23	b
14	g	Solm Scorp.	Gemini	7	24	c
15	a	Molfron	Gemini	19	25	d
16	b	Mich. moun	Cancer	2	26	e
17	c	21. su. aft. tr.	Cancer	15	27	f
18	d	Muse Chan	Cancer	29	28	g
19	e	Frodeswich	Leo	12	29	a
20	f	Justrebert	Leo	27	30	b
21	g	11. mar. vir.	Virgo	11	31	c
22	a	Mary So.	Virgo	26	1	d
23	b	Roman arc.	Libra	11	2	e
24	c	22. su. aft. tri	Libra	26	3	f
25	d	Chas. & Cr	Scorp	10	4	g
26	e	Fal at the Bl.	Scorp	25	5	a
27	f	Florec. salt	Sagit	9	6	b
28	g	Simó & To	Sagit	23	7	c
29	a	Narcissus.	Capri.	6	8	d
30	b	German	Capri.	20	9	e
31	c	Quintin	Squar	3	10	f

☾ First quarter
the 3. day at one of
the clocke in the
morning.

☀ Luke Euangel.

● Full moone
the 11. day, 38.
mi. after 4. of the
clocke in the mor-
ning.

☾ Last quarter
the 18. day, 50.
min. after 9. of
the clock at night.

November.

● New moone
the 25. day, at 1.
of the. clocke in
the afternone.

November hath xxx. dayes.

Now maist thou drinke sweet wines freely,
 And vse good mirth and Company :
 Abstaine from wrath and all enuy,
 And vse thy brethren charitably.

1	d	All Saints	Aquar	15	11	g	☾ First quarter
2	e	All soules	Aquar	28	12	a	the 1. day, at 6.
3	f	Alinfride	Pisces	10	13	b	of the clocke at
4	g	Amatus bi.	Pisces	22	14	c	night.
5	a	Baptista. cō.	Aries	4	15	d	
6	b	Leonard	Aries	16	16	e	
7	c	24. su. aft. tr	Aries	28	17	f	
8	d	4. Crowned	Taur.	10	18	g	● Full moone
9	e	Theodore	Taur	22	19	a	the 9. day, 30. mt.
10	f	Benet	Gemini	4	20	b	after 10. of the
11	g	Martin bi.	Gemini	16	21	c	clocke at night.
12	a	Wice bish.	Gemin	29	22	d	
13	b	Solin dazit	Cancer	12	23	e	
14	c	25. su. aft. tr	Cancer	25	24	f	
15	d	Macute bi.	Leo	9	25	g	☾ Last quarter
16	e	S. Hugh	Leo	23	26	a	the 17. day, at 7.
17	f	St. Mart.	Virgo	7	27	b	of the clocke in
18	g	Elizabe. ma	Virgo	21	28	c	the morning.
19	a	King Cha bor	Libra	6	29	d	
20	b	Edmund R.	Libra	21	30	e	
21	c	26. su. aft. tr	Scorp	5	1	f	December.
22	d	Cicily birg.	Scorp	20	2	g	
23	e	Clement	Sagit	4	3	a	
24	f	Grilogor.	Sagit	18	4	b	● New moone
25	g	Katherin b.	Capric	1	5	c	the 24. day, 10.
26	a	Linus bish.	Capric	14	6	d	minutes before 1.
27	b	Wled go out	Capric	27	7	e	of the clocke in the
28	c	Aduent sun.	Aquari	10	8	f	morning.
29	d	Terrie end.	Aquari	23	9	g	
30	e	Andreto	Pisces	5	10	a	

December hath xxvj. dayes.

This moneth, as I doe now remember,
The twenty five of this December,
Our Sauour Christ was borne that day,
That we might praise his name alway.

1	f	Elegius bi.	Pisces	17	11	b	First quarter
2	g	Libanus m.	Aries	0	12	c	the 1. day, 10. mi.
3	a	Dep. of Ol.	Aries	12	13	d	after 2. of the clo.
4	b	Barbara vi	Aries	24	14	e	in the afternoone.
5	c	Sabine ab.	Taur.	6	15	f	
6	d	Nicholas b.	Taur.	18	16	g	Full moone
7	e	Ota. Inq.	Gemini	7	17	a	the 9. day, about
8	f	Coc. of Pa.	Gemini	13	18	b	2. of the clocke in
9	g	Cyprian abb	Gemini	26	19	c	the afternoone.
10	a	Julaly bir.	Cancer	9	20	d	Last quarter
11	b	Damas bish	Cancer	22	21	e	the 16. day, 15. m.
12	c	Sol in Capri.	Leo	5	22	f	after 3. of the clo.
13	d	Lucy virgin	Leo	19	23	g	in the afternoone
14	e	Othely bir.	Virgo	3	24	a	
15	f	Ember wee	Virgo	17	25	b	Christmas,
16	g	O sapientia.	Libra	2	26	c	Steven mart.
17	a	Lazarus b.	Libra	16	27	d	John Euang.
18	b	Gratian bir	Scorp	1	28	e	Innocents.
19	c	Genetia bir	Scorp	15	29	f	
20	d	Julian salt.	Scorp	29	30	g	New moone
21	e	40. Apost.	Sagit.	13	31	a	the 23. day, 40.
22	f	30. martyrs	Sagit.	27	1	b	lanuary.
23	g	Alcor virg	Capric	10	2	c	min. after 2. of the
24	a	Claudy salt	Capric	23	3	d	clocke in the af
25	b	Christmas.	Aquar.	7	4	e	ternoone.
26	c	Stephen m.	Aquar.	19	5	f	
27	d	John Euan.	Pisces	2	6	g	First quarter
28	e	Innocents	Pisces	14	7	a	31. day, 24. min
29	f		Pisces	26	8	b	after high-noon
30	g	Dauid	Aries	8	9	c	
31	a	Stilvester b	Aries	20	10	d	

Neue. 1630.

A Prognostication, serving
for yeare of our Lord God and
Saviour Iesus Christ.

1630.

Wherein you may obserue, the
grounds of the alteration and condi-
tion of the foure quarters of this yeare, &
also the disposition of the Ayer, for each severall
Moneth, according to the inclination of the Ce-
lestiall Bodyes, with the change of the Moone,
and the tyme of the Helixes, and other ne-
cessary observations, Convenient in
each weeke to bee noted.

Calculated, and especially referred to the
longitude and elevation of the Pole Arctike
of the ancient and famous City of
Norwich, and may serue indiffe-
rently for all England.

Collected and published by
John Neve, Gent.

**A necessary rule to knowv the beginning
and ending of euery Terme, with their
Returnes.**

Hillarie Terme beginneth the 23. daie of January, and
endeth the 12 of February, and hath foure returnes.

Octabis Hillarij. } Crastino Purifica.
Quind. Hillarij. } Octabis Purifica.

Easter Terme beginneth 17. dayes after Easter, and en-
deth the Sunday next after Ascension, & hath 5. Returnes.

Quind. Paschæ. } Mensapasc hæ. } Quinque paschæ.
Trespaschæ. } Crast. Ascen.

Trinitie Terme beginneth the Friday next after Tri-
nitie Sunday, and endeth the wednes. fortnight after,
and hath foure Returnes.

Crast. Trinitatis. } Quind. Trinitatis.
Octabis Trinitatis. } Tres Trinitatis.

Michaelmas Terme beginneth the 29. of October,
and endeth 28 of Nouember, and hath 8 returnes.

Octabis Michael. } Crast. Animarum.
Quind Michael. } Crast. Martinj.
Tres Michael. } Octabis Martinj.
Mense Michael. } Quind. Martinj.

Note that the Exchequer openeth Eight dayes before
any Terme begining, except Trinity Terme, in which
it openeth but foure dayes before.

On these dayes following, the Judges sit not at
Westminster.

In	Hillarie	{ Terme on	Michaelmas	{ daye
	Easter		Ascension	
	Trinitie		Whitsomer	
	Michael		St. Iohn	
			Certayne	

Certaine profitable Rules, and briefe observations concerning husbandrie,

The best time to sow all kind of corne, is when the
moone goeth her course in Cancer.

The best time to plant and graft, when the Moone
is in a fixed signe, especially in Taurus or Aquarius, and
in the increase of the Moone, which is betwene the
change and the full.

To set & sow all kind of seeds, the moone being well
placed in Aries, Taurus, Cancer, Virgo, Libra, Capricor-
nus, or Pisces.

Fell Timber to build withall, when the moone is to-
wards the last quarter, she being then in Aquarius or
Pisces.

Crop trees & fell wood to burne, that the stocke may
the better and sooner grow againe, when the moone is
in the first quarter.

Remoue and set young trees, in the last quarter of
the moone, in Taurus, or Capricornus, and that in the
monthes of September, October, November, & Fe-
bruarie.

The best time to geld cattell, the Moone being in
Aries, Sagittarius, or Capricornus.

The best time to cut Wines, is in Februarie or
March, the moone increasing, in Taurus, Virgo, or Li-
bra.

The best time to sheare sheepe, is in the increasing
of the moone, & that is from the change to the full.

Do not sheepe, that is wile the sooner grow againe,
the moone increasing in Taurus, Virgo, or Libra.

To mucke your land that the soyle may not grow
thereby, is in the decreasing of the moone, that is from
the full to the change.

¶ Of the Eclipses which shall happen this present year of our Lord God, 1630.

There shall appeare and be presented vnto the view of the Inhabitants (vpon this our Terrestiall Globe) this yeare of our Lord God, foure Eclipses of the Two great lights of Heauen: Whereof one of the Sunne shall not be apparant in our Horizon.

Of the First Eclipse of the Moone.

There will visibly appeare a parttiall Eclipse of the Moone vnto the sight of the people which do inhabite in the westerne parts of France, England, Spayne, Ireland, and America, on the 15 day of May at 5 of the clocke in the morning after our Computation, but according to the reformed yeare, on the 25 of the same Moneth: the Moone then being in Sagittarius, not far from the Cauda Draconis, in a signe of the partition of the fiery Triplicitie, naturally hot and dry, of complexion cholericke, masculine, orientall, diurnall, common, and the house of Jupiter. The points of digets eclipsed are 6. The totall duration from the beginning to the ending of this obscuration, will be two houres and 40 minutes.

Of the second Eclipse of the Sunne.

Vpon the 31 of May being Sunday, 43 min. after 5 of the clocke in the afternoone, shall apparantly be seene an Eclipse of the bright Globe of the Sunne in our Horizon, at which time both the great lights of heauen shall be coniuncted about 25 degrees of Gemini, not farre from Caput Draconis, in a signe of the fiery Triplicitie, naturally hott and moist, of complexion Sanguine, Masculine of the day, occidentall, common, and the house of Mercurie.

The digets Eclipsed are 9 and 7 min. The whole continuance will be one houre and 38 minutes.

The third Eclipse of the Moone.

There shall happen another Eclipse of the Moone with us, on the 9 of November 27 min. after 10. of the clocke at night: but after the gregorian yeare on the 19 of the same moneth, at which time the moone shall be at that instant, placed in the third face of Taurus, not farre from Caput Draconis, in a signe of the earthie Triplicitie, naturally cold and dry, of complexion malenchole, feminine, meridianall, fixed, and the house of Venus. The partes of digits eclipsed are 9 and 27 minutes. This lunarie obscuration will be from the beginning to the ending, three houres and 24 minutes.

The Fourth Eclipse of the Sunne.

Upon the 24 of November 34 min. before one of the clocke in the Morning, but according to the foraine account on the 3 of December, the Sunne which is the eye of the world, shall be againe Eclipsed or darkned by the direct interposition of the body of Moone betwene him and the earth, they being both at that very instant conioyned in the second face of Sagittarius, not far from Cauda Draconis, in a signe of the fierie triplicitie, naturally hot and dry, masculine, orientall. This accidental obscuration of the Sunnes, will shew it selfe unto those people that inhabite in the land of Magellan, new Guinee, and therabouts, whose longitude is 175 degr. and the degree of South Latitude 68. The totall distance of this Eclipse will be two houres and 9 minutes, the digits Eclipsed 22 and 56 minutes.

Briefe Rules and necessarie observations, concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

When the weather is either extreme hot or cold, it is not then convenient either to be bled or to purge, unless some great necessity require it: yet

notwith

notwithstanding if this bloodletting be for the Phren-
sie, the Apoplexie, for a continual head-ach proceeding
of choller or blood, or any hot burning feuer or other ex-
treame payne, a man in such a case may not tarry a cho-
sen time, because the patient might miserie in the
meane season. But in this also said case of verredmity,
blood is not to be let in such a quantity as otherwise it
would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when
the Moone is in V, or T, the head and thigges excepted.

For the Melancholy, the moone being in M, or C,
the buttockes and legges excepted.

For the Cholericke, the moon being in S, or X,
the breast and feet excepted.

For the Sanguine, all be good which before is named.

In the spring time, let blood at the right side.

In Harvest time, let blood at the left side.

For Bathing.

Bathings, are commonly vled rather for pleasure
then for profit, especially where hot-bowles are ones
much haunted: But I mind not to speake of them in
this place, otherwise then to aduertise those that tender
their owne health, to be swarie and circumspect in re-
sorting vnto them without cause, and immediately af-
ter or with such persons as be vncleane. Knowe that
it is not good to bathe when the moone is in earthy
signes, as in S, M, or V, the reason is, because they
are of a cold and dry nature, and the nature of cold is, to
restraine and bind, and so the Moone being in these
signes, the pores of the body are closed and shut, so that
there can be no resolution of humours and superfluities,
which by bathing ought to be aboyded.

But in fiery signes, as when the moone is in A, or
or T, then it is a good time for bathing, for then the bo-
dy

A Prognostication.

by is apt to resolution, for it is the nature of heate to open and resolve.

It is best bathing 2 or 3 dayes after the change, and at the full of the moone, for then the superfluities are ripe and ready to anoyd, and disposed to flow and issue out, which indeed is the end and vse of bathing.

If any will enter into the bath, onely for cleannesse sake, let the moone be in ♌, or ♎.

Furthermoze, if Bathing be vsed for health, let the partie grieved, learne of the wise Physitian, whether his sicknesse hath neede of moistening or drying, for if it doth require moistening, as in Pthisis, and such like, then let him bath in watery signes, having good aspects of ♀, and ♄. But if the sicknesse require drying as in Paralysis and the like, then let him bathe, the moone being in fiery signes, having good aspects of ☿, and the Sunne.

Also befoze you enter into any bath, your body must be first purged, for if you go unprepared and unpurged, peradventure you may be worse after then befoze.

The best time of the yeare to bathe is, first the spring, and harvest, and in the monthes of May, and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwayes provided, that you must walke either an houre or halfe an houre befoze, and haue a stoole either by nature or Art: you must couer your head well so long as you be in the Bath, and beware you drinke not cold drinke although you be very thirsty, but forbear all things that be cold, least when you are hot within, any cold strike suddenly into some principall member, and so hurt you.

The time of tarrying in the Bath, is commonly one howze, but it may be moze or lesse, according to the nature of the bath, or sicknesse of the party, at the discretion of the wise Physitian.

For Purging.

In purg- ing, these 5. things ought to be knowne	}	<ol style="list-style-type: none"> 1 The humoz which aboundeth. 2 The best way to auoid it. 3 The strength of the person. 4 The manner of the sickness. 5 The force and nature of the medicine
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For when these things are not considered and obserued, many perillous accidents may followe, and greatly hurt and grieve the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions or drinks, in Scorpio. Purg with electuaries, the moon being in Cancer. Purg with Pills, the moon being in Pisces.

Take preparatiues, the Moon being in Gemini, Libra, or Aquarius.

Take vomits, the Moon being in Aries, Taurus, or Capricorne.

Take Gargarises, the Moon in Aries, Cancer, or Capricorne.

Take Clusters, the moon in Libra, or Scorpio.

To prouoke nausea, the Moon in Cancer, Leo, or Libra.

To stop fluxes, rhumes, and laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moon in Aries, Leo, or Sagitarins.

Good to comfort the vertue digestiue, the moon in Gemini, Libra, or Aquarius.

Good to comfort the vertus retentive, the moon in Taurus, Virgo, or Capricornus.

Good to comfort the bustine expulsiue, the moon in Cancer, Scorpio, or Pisces.

For using of Unguents or plaisters, it is best applied, when the moon is in that signe which gouerneth

neeth the same member or part of the body to which it is applicable.

For Sweating.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are vsed for two ends and purposes: The naturall sweat, if good haue been taken in opening of the pores, will dissolve grosse and thicke humors, will cleanse the blood, will comfort the Spirits, will put away cold, will consume raw humors, qualifie and quench raging Fevers, will helpe mannesse and the dyspnie.

The artificiall sweate, will cleanse scabs, put away itch, amend dulnes in hearing, ease the stone, resolve congealed and cold Melancholy blood and humors, &c.

But for the better performing, and effectuall working in these causes, the counsell of the learned physition is to be desired and vsed.

The best and mostest signes to sweat in, are ♀, ♀, and Sagittarius, and that two or three dayes after the change, and at the full of the moone.

And note that sweatings is better to be done in the evening then in the morning, for when the body hath nourishment within, the spirits shall not be drawn bitterly forth to the extreame parts.

Note further, that leane folkes and dy or feeble persons, must sweat little, for it will hurt them much, but fat folkes may sweate well, and it will doe them much good.

A briefe description of the Four Quarters of this year of our Lord God, 1630.

Winter, (which is the chiefest capitall foe for the Spring, the disgrace of Summer, and the demerit of the fruitfull Harvest) began to take his assault.

A Prognostication.

According to our vsuall computation, the 11 day of December in the yeare afoze going, at the first entrance of the Sun into the first minute of the signe yy , at which time the sun shall be at his greatest South declination from the Equinoctiall lyne, so that he riseth south-east, and setteth south-west. Now is the Wiemall or Winter Solstices, for the sun is so farre removed from our Zenith, or verticall poynnt, that he cannot decline any farther, but standes at a stop or stay, and then is the shortest day and longest night in the yeare, and so this quarter doth continue butill the 11 of March next following.

This season is by nature cold and moyst, vnpleasant for the most part to trauellers either by Land or Sea, and vnto aged persons it is very combzous and noysome, causing superfluity of rawnesse, and abundance of cold moystnesse to ouerslow their bodies, to their great troubles and disquietnesse.

The diseases or sicknesses, are likely to bee such as vsuall attend this quarter, as Coughes, Catharres, Coughs, hoarsenesse, vnconstant Agues, and such like, answerable to the condition of the season.

Thus will the starres, if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the fountaine of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, and finished his revolution (Gradatim) throughout the twelue signes, and now beginneth his tourney afresh againe, and goeth an euen course, and so becomes an indifferent Brother betwene the day and night, and maketh an equality throughout his whole gouernement, to the great

great ioy and comfort of all his reuiued subiects, chea-
ring with his splendent countenance, the more afflicted
weather-worne weeds of this our darke starre of mor-
tality (which the darkened countenance of winters ex-
tremities had almost subduide) with his excellent pre-
sence, whereat the earth begins to smile, and to put on
her new apparell, the flourishing linerte of fresh Flora.

This season is by nature hot and moist, the most tem-
perate time of all the yeare, and the least breeder of sick-
nesses that noth procure death, & it is a very convenient
time for the reuincing of sicknesses and griefes gotten
before, and also to anoyd and puenent those that are to
come: For now the dull senses and spirits of man and
other creatures, are quickned and reuiued, and there-
fore the humors which doe abound, and are readiest to
reprelle nature, are fit to be emptied and anoyded, whe-
ther by bloodletting, purging, or otherwise as the lear-
ned Physitian shall aduise, and as the cause of the dis-
ease shall require, such therefore as be diseased, let them
not neglect this time.

Many infirmitie and diseases are threatned this
quarter, as payne in the head and eyes, Tertian fe-
bers, small poxes, tetters, impostumes, obstructions,
with many other such diseases: which the Lord keepe
from vs, Amen.

Infections from the Starres may fall,
But one above doth stay them all.

Of Summer.

Summer the third part of our vulgar yeare, according
to our small computation, now when the Sun hath
fully determined the Spring time with his last grade
of Gemini, and hath moued in his motion to the highest
poynt of his course, namely to the first degree of Cancer
which shall be on the 12. of Iune. Now is the second sol-
stice

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Vice of the yeare called the estiuall or Summer solstice,
 for euen as the Sun when he entreteth into Capricorne
 hath his greatest South declination, from the Equi-
 noctiall line, so now at his ingresse into the beginning
 of Cancer, he hath his greatest declination towards
 the North, from the said Equinoctiall line, and euen
 then, as at the time of winter Solstice, he was so far
 remooued from our verticall point, that he could not
 moue no farther towards the South, and was there-
 fore to approach againe towards our North Latitude,
 at which time he seemeth to stand: so now being come
 so neare our Zenith that he cannot moue no further to-
 wards the North and is therefore to reuert againe to-
 wards the South Latitude. At his first going from
 vs he seemeth also to stand, insomuch that euen as be-
 fore at his returne towards vs againe he made with
 vs the shortest day and longest night in the yeare, so
 now at his returne from vs he maketh with vs con-
 trarie wise, the longest day and shortest night in the
 yeare: And afterwards declineth more and more from
 vs, like as before he moued more towards vs.

This season according to his proper nature is hot
 and dry, turning the humors of mens bodies, from
 coldnesse and moysture, into hotnesse & drynesse, resem-
 bling the Element of Fire, and complexion of chol-
 ler, bringing all fruits to their ripenesse, cattile to their fat-
 nesse, and men to their wealth.

Griefes and diseases incident to this Quarter, are
 burning Feuers, Plurisies, Phziesies, inflammations
 and such other distemperatures of heate of blood and
 Chol-ler, which may cause dangerous diseases.

Though the starres incline to worke vs ill,
 All shall be as the maker will,

Of the last Quarter called *Autumne*.

Autumne, according to our accustomed computation
on the last Quarter of this yeare, beginneth at the
Suns departure from the last scruple of Virgo, into
the first degree of the second Equinoctiall signe Libra,
the which will be this yeare on the 13 of September, the
day and night being of an equal length as in the
Spring: At which time is the Autumnall Equino-
ctiall, for even as at the Suns entrance into Aries the
day by increasing from the winter Solstice till then,
came to bee equall with the night, going on still more
and more till the Summer Solstice, when was the
longest day and shortest night: So now the night by
increasing from the Equinall Solstice, to this the suns
ingrediance into Libra, hath got to bee equall with the
day, and shall increase more and more till the summer
Solstice come againe, when the night is longest and
the day shortest. This time of the yeare is of it selfe
inconstant, and variable, warme in the day time, & cold
in the night. This Quarter because of the inequality,
temperature, may as Hippocrates sayth, be called the
mother of many of deadly sicknesses. And Galen sayth,
that this time of the yeare is very dangerous for se-
king sicknesses. The infirmities of this season, are
supposed to bee quartaine fevers, opulations of the
spleene, Jaundies, Hemeroides, Dropsies, falling sick-
nes, with many other melancholick diseases. The Voice
of his infinite mercy turne all euills from vs. Amen.

This every Planet in his kinde,
Is to performe the Almighties minde.

*A declaration of the inclination of the weather and
winds, according to the diuers motions & influences of the
erraticall & fixed starres: with the day, houre, & minute of the
change of the moone, her full, & quarters: & also of the rising &
setting of the Sun, in every 7 day of every moneth of this yeare.*

Of

Day	The Sun riseth.	The Sunneseteth.
1	hou 8 and 3 min.	hou 3 and 57 min.
7	hou 7 and 56 min.	hou 4 and 4 min.
14	hou 7 and 46 min.	hou 4 and 14 min.
21	hou 7 and 34 min.	hou 4 and 26 min.
28	hou 7 and 23 min.	hou 4 and 37 min.

New moone the 3 day 31 min: after 9 of the clocke in the forenoon, stormy and windy.

First quarter the 11 day 54 minutes after one of the clocke in the afternoon, winterly weather.

Full moone the 18 day 27 min: after 2 of the clocke in the afternoon, answerable to the season.

Last quarter the 25 day 53 min: after 5 of the clock in the morning, stormie and inconsistent.

Januaries Abstract.

In this moneth let not blow, neyther be but little Physicke, except great necessity constrains thee, and beware of taking cold, for in this moneth Rheumes & legume doe much increase: to fast long is hurtfull, but to drinke white wine fasting is good and wholesome: Ale meats that are naturally hot moderately, and weare loose clothes.

In worldly business, this moneth you may set all kind of common fruit trees, or plants, as Beere, Plum, Cherrie, Filheard, Walnut, & such like, Hawthorne, and all sorts of quicksetts, trees or plants, are fittest to be generally set from the change to the first quarter,

Take away Horse and superfluous branches from your trees, and this moneth is good to set Beanes, pease, parsnips, Radish, leekes, garliche, turnops, and onions: if the weather be milde, and the moone past her full, you may begin to graft at the end of this moneth, so as the moone be increasing in her light.

God husbands also this Moneth, crop their trees, fell timber, and geld cattell, such as may be gelded, the state of the Moone aforesaid considered.

Of Februarie.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7. and 13. min.	hou. 4. & 47 min.
7	hou. 7. and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5 & 10. min.
21	hou. 6. and 34. min.	hou. 5 & 26. min.
28	hou. 6. and 22. min.	hou. 5 & 38. min.

New Moone the 1 day 16 min: after 4. of the clocke in the morning, windy and cold.

First quarter the 10. day 12 minutes after 6. of the clocke in the morning, somewhat windy.

Full Moone the 17. day 43. min: before 1. of the clocke in the morning, cloudy and cold.

Last quarter the 23. day 39 min: after 7. of the clocke at night, inclined to moisture.

Februaries Abstract.

In this moueth, all Rume fish, milke or Rice, and such like, that doe appilate or stop the Lumer and vaines or thicken the blood, are to be eschewed as enemies to health: also yet forbear physike letting blood, except great necessity doe bidge it, & learned counsell do advise you: beware of taking cold, for now Agues are apt to be taken, and it is very ill to take heates, and afterwards suddaine cold byon them.

Now is the most apt time to graft, to plant, and to set all kind of trees and bushes, the wind and weather and the age of the moone aforesaid considered: Pease, Beans, Hastings, Onions, Parsnips, and such like as in January, may very fitly be set in the wane of the Moone.

The

A Prognostication.

The time is now to trim up Gardens, to set and sow all kind of Kitchen herbes, to set slips, sow her-
nells, mustersed, oates, set hops, vines, cut and prune
them, sticke vp your rounnsfall pease, and Hastings.

Of March.

Day	The Sunn riseth.	The Sunne seth.
1	houres 6 and 40 min.	houres 5 and 40. minutes.
7	houres 6 and 8. min.	houres 5 and 32. minutes.
14	houres 5 and 54 min.	houres 6 and 6. minutes.
21	houres 5 and 40 min.	houres 6 and 20. minutes.
28	houres 5 and 16 min.	houres 6 and 34. minutes.

New moone the 3. day 43. minutes after 10. of the
clocke at night, ouercasting clouds for rain.

First quarter the 11. day at 7 of the clocke at night
sitting the season.

Full Moone the 18. day 35. minutes after 9. of the
clocke in the forenoone, resonable temperate.

Last quarter the 25. day 22. minutes after 11. of the
clocke in the forenoone, some ouercasting clouds.

Marches Abstract.

In this moneth the humors of mans body doe be-
gin to increase: and now grosse feeding breedeth gross
blood and humors, and therefore wee beate of good di-
gestion, and such as breed good super: it is a good time
to purge and clarify the blood by potions, bathings, &
blood letting, or such other waies as the learned phy-
sition shall apoint, and as the cause of the disease shall re-
quire. Now also swete meates and drinkes are com-
mendable.

The time of grafting yet ends with, together with let-
ting, sowing, prorning, and plashing of vines, hops,
musterses, oates, field pease, Onions, Parsnips, and
such like, &c.

Neue. 1630.

Of April.

Day	The Sun riseth.	The Sunne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
7	hou 5 and 6 min.	hou 6 and 54 min.
14	hou 5 and 54 min.	hou 7 and 6 min.
21	hou 4 and 39 min.	hou 7 and 21 min.
28	hou 4 and 29 min.	hou 7 and 31 min.

New Moone the 1 day 16 min: after 3 of the clocke in the afternooke, inclined to moisture.

First quarter the 10 day 53 min: after 3 of the clocke in the morning, windy and vnconstant.

Full moone the 16 day 50 min: after 6 of the clocke in the afternoon, windy and stormie.

Last quarter the 24 day 18 min: after 4 of the clocke in the afternoone, apt for the season.

Aprils Abstract.

In this moneth of Aprill, the pores of mans body are opened, and apt to receiue physicke: and they that refuse the same, I commit them to the benefitt of nature for of all tymes of the yeare, this is the best time to preuent causes of sicknes, or for speedy remedie in extremities, for now nature doth renew strength through all the body: So where sicknesse happeneth, shee soone vnburdeneth by the meanes of Physicke: wherefoze what it cannot doe now, it will hardly be done heereafter, therefoze take tyme now whilst time is, &c.

As yet you may graft and yioine vines, and also set Melons, Cucumbers, Citrons, Hartichokes, and pole by hopps, soe Barly, Tanners apply themselves to barking of Trees, &c.

Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minutes
7	houres 4 and 15 min:	houres 7 and 45 minutes.
14	houres 4 and 5 min:	houres 7 and 55 minutes.
21	houres 5 and 56 min:	houres 8 and 4 minutes.
28	houres 5 and 50 min:	houres 8 and 10 minutes.

New moone the 3 day 45 min: after 5 of the clocke in the morning, temperate and seasonable.

First quarter the 9 day 48 min: after 9 of the clocke in the forenoone, pleasant weather.

Full moone the 16 day 42 min: after 4 of the clocke in the morning, apt for the time.

Last quarter the 23 day at 10 of the clocke at night, windy and moist.

New Moone the 31 day 30 minutes after 5 of the clock in the afternoone, many white dispersed cloudes.

Mayes Abstract.

In this moneth rise early, for May doth not loue any sluggards, and let such as be in health and able, walke into the field, and to eat and drinke betimes is good and wholesome, abstayne from all meates that be of a hot nature, and such as bee sicke, it is very good time of the yeare to be let blood or take physicke. Such as be whole, God keepe them in health, and such as bee sicke, God send them good Physitions and physicke.

The tyme is now sitting to sow Bazill, marierom, and such fine seedes, as befoze might not be sowne, because of the coldnesse of the weather, set Sage according to the prouerbe, set Sage in May, and it will last alway, sow flaxe and hempe, set hartichokes, weede your Hoppes and Gardens, let to your grafts that no superfluous branches trouble them: May be, Rosemary flowers, and Beane flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your Bees.

Of June.

Day	The Sunneriseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 minuts	houres 8 and 8 minuts

First quarte the 7 day 12 min: after 2 of the clocke in the afternoone, somewhat vnconstant.

Full Moone the 14 day 49 min: after 3 of the clocke in the afternoone, faire weather.

Last quarter the 22 day 18 min: after 3 in the afternoone, inclin'd to ouercasting clouds.

New Moone the 30 day 9 min: after 3 in the morning, some fall of moylture.

Iunes Abstract.

In this Moneth, if thou must needes vse Physicke, take it in the morning early, that it may haue wrought before the heate of the day, and vse a light and thin diet, for the stomacke is not so able to digest as in winter, or some other of the former moneths, it is very good and conuenient for some to drinke clarified whay boyled with cold hearbs, & to abstayne from violent exercise. Distilling of Roses, making of Sirrops, and Conserues are now in prime, now gather such hearbs as you meane to keepe all the yeare, but bee sure you dry them in the shade, good husbands and huswiues are now weeding their Copie and Gardens, and other shearing their sheepe, the time serues to set Rosemary, and Gilliflowers, take heed of cutting ether hedge, or trees, or heards, with knife, but rather gather them with your fingers, now you may set Saffron, carry out Compost, make Hay, rid Gardens of Snayles, Ants, or Wismiers.

A Prognostication.

Of Iuly.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 54 minu.	houres 8 and 6 minutes.
7	houres 3 and 59 minu.	houres 8 and 1 minutes.
14	houres 4 and 7 minu.	houres 7 and 53 ments.
21	houres 4 and 20 minu.	houres 7 and 40 minutes.
28	houres 4 and 30 minu.	houres 7 and 30 minutes.

First quarter the 6 day 57 min: after 6 of the clocke at night, somewhat vnconstant,

Full moone the 14 day 34 min: after 4 of the clocke in the morning, sitting the time.

Last quarter the 22 day 38 min: after 7 of the clocke in the morning, some windy.

New moone the 29 day 39 minutes after 11 of the clocke in the forenoone, somewhat vnconstant.

Iulies Abstract.

In this Moneth vs cold hearbs, and cold meates, abstayne from physicks, and now the Rivers are more wholsome then the Bathes, let the Sun be by before you walke abroad. In the time of any plague or Pestilence keepe your Chamber window shut, opening it when the Sun hath force of shining, and besure to perfume your Chambers euery euening with Tarre put on a Chafindish of coales, thru which nothing is better, and let them vse Cadus Benedictus boyled and drunke fasting. Day harness, now calleth slaue husbands to worke, and such as haue leisure, it is good to follow for wheate, and to carry out soyle, and to gather sedes and flowers, to keepe all the yeare, and to dry them in the shade till they be almost dry, and the set them a while in the Sun, and in like manner may you vse your hearbs.

Of August.

Day

Neue. 1630.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	houres 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

First quarter the 5 day 38 minutes after one in the morning, vnconstant.

Full Moone the 12 day 7 min: after 7 at night, answerable to the season.

Last quarter the 20 day 28 min: after 10 at night, indifferent good weather.

New Moone the 27 day 34 min: after 7 at night, somewhat moyst and vnertaine.

August Abstract.

In August moderate wet is good Physicke, for now it is very dangerous to surfeit, and to take heave of beates end of colde, for nothing sooner engendereth fluxillies. And vse not to sleepe much, and especially afternoone, for making opulations, and for aboyding of Agues, and the headach, and colicarres. And let a man now abstayne from Physicke, except great necessitie doe compell. Also Lady Ceres lookes to haue men enough to attend her. They that should haue good seeds for their Gardens the next yeare, must now gather of their owne, least in buying they lose their money and labour. And such as desire to haue lettuce or other hearbs for winter, may now sowe in the increase of the Moone. Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

A Prognostication.

First quarter the 3 day 31 min: after 11 in the fore-
noone, temperate.

Full moone the 11 day 21 min: after 11 in the fore-
noone, overcasting clouds for raime.

Last quarter the 19 day 35 minutes after 11 in the
forenoone, windand wet.

New moone 26 day 8 min: after 5 of the clocke
in the morning, apt for the season.

Septembers Abstract.

In this Moneth, such as haue made may safely
take Physicke, and also may Bath and Bleede in this
Moneth, all things are in their proper nature & ver-
tus, and such fruits as are ripe and not infected, are
good to eate for such as haue good stomaches. The
time is good to make conserues of Barberries, & Quin-
res, winter herbs must be hold to wine, like wise is the
time to set hartshoakes, rose trees, apple trees, peares,
wardens, strawberries, violets, gilliflowers, Apples are
to be gathered at the full of the Moone: Gowse par-
misp, and in dry weather gather pour Hopps, good
husbandry is sowing Rie and wheate, good husband-
rie is making of berriour, and plucking of hempe.

Of October.

Day The Sunne riseth.

1 heures 6 and 34 minutes

7 heures 6 and 46 minutes

14 heures 7 and 0 minutes

21 heures 7 and 15 minutes

28 heures 7 and 26 minutes

The Sunne setteth.

heures 3 and 26 minutes

heures 5 and 14 minutes

heures 4 and 0 minutes

heures 4 and 45 minutes

heures 4 and 34 minutes

First quarter the 3 day 14 min: after 1 in the moz.
somewhat stormy.

Full Moone the 11 day 38 min: after 2 in the moz.
windy and vncoustant.

Last quarter the 18 day 24 min: after 10 at night,
stormie weather.

New

Neue 1630.

New moone the 25 day 11 min: after 1 in the after-
noone, inclined to ra:ne.

Octobers Abstract.

In this moneth thou maiest take phylick, & also bath
if occasion serue, vse hot meates, and drinkes, and
good wholesome wines to nourish good blood. And be
sware of taking cold, because the quartane Ague wil be-
apt to be taken, & such other dangerous diseases. Re-
moue young trees, as apples, peares, quinces, roses &c.
Set pease, parsenips, &c. Good Husbards neede not be
hasted to sowing of wheate; set Butts, Peccornes, and
furtherds, and to doing of such good husbandry.

Of Nouember.

Day	The Sunne riseth,	The Sunne riseth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minuts

First quarter the 1 day 27 minuts after 6 at night,
frost and cold.

Full Moone the 9 day 53 min: after 9 at night: fit-
ting the season.

Last quarter the 17 day 22 min: after 7 in the mor-
ning, temperate weather.

New Moone the 24 day 34 minuts befoze 1 in the
morning, some fall of moysture.

Nouembers Abstract.

In Nouember finish the phisicke that ye meane to
take, & so rest till March, except some great necessity
doe constrayne you, vse good meates & wholesome wine
to nourish the blood, provide thee warme cloathing, goe
dry on thy feet, or else make sure account of Rheume
and palse, besidys some other inconuenience that shall
ensue. Beware of the hot-house this moneth, an vse
Betony and Cinamon in drinke.

A Prognostication.

In the new of þ moon you may remoue yong trees as the last moneth, and set crab-tree stocks to graft vpon when you please. It is a good time in the wane of the moone to set pease, beanes, and if the weather be not too hard, it is good sowing of Parsenips, good making of mault, an killing of Beues and swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 13 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

Decembers Abstract.

First quarter the first day 7 min: after 2 in the after noone, ouercasting clouds.

Full moone the 9 day about 2 in the aftern: frostie.

Last quarter the 15 day 9 min: after 2 in the afternoone, seasonable weather.

New moone the 23 day 50 min: after 1 in the afternoone, winterly weather.

First quarter the 31 day 38 min: after high noone, answerable to the tyme.

Decembers Abstract.

In this Month of December, keep thy body and head from cold, and eat such meates as be of a hot quality abstayne from Physicke, and let thy Kitchen be thy Apothicary: warme cloathing thy nurse, merry company thy keepers: and good hospitality thy exercise.

Remoue trees and bushes as aforesaid in Nouember, if the weather prove not too extreame. In the wane of the Moone set Beanes, pease, & those hearbs that cannot endure the cold, couer them with straw or other prouision from the frost and snow.

Soli, sapienti Deo, sola gloria.

FINIS.

